

What will we offer at ?

Runners' Wings will offer shoes, insoles, apparel, and other accessories for runners and beyond; We are committed to our community's Fitness Journey!



Personal Service

When you come to Runners' Wings for shoes, we are happy to perform a gait analysis on your feet and stride to find the best shoes for you! Some people are already set with the shoes they love and know what works best for them, but many of us need assistance navigating all the options, including neutral versus stability shoes, drops and widths of shoes, road versus trail shoes, etc. Need help with particular health issues such as plantar fasciitis or bunions? We hope to provide you with answers and products that meet your personal needs and be a breath of fresh air!! Don't see exactly what you want, we can special order shoes from any of our lines. Know someone who has two different sized feet, we have solutions! So if you are training for your next event or just looking for something comfortable to wear day-to-day stop in and check us out!

Best in Brands

Runners' Wings will carry some of the best in brands including Brooks, Asics, Altra, Hoka, and Saucony. These vendors offer a wide variety of different types of shoes that could fit almost any need! They also specialize in athletic apparel and accessories which we will carry and personalize for community pride. Other brands include OS1st, Currex, Superfeet, SpiBelt, and more!

Community Commitment

Western Maryland is a beautiful area to run in and there is regionally a large population of runners. Whether it be the local high school or college teams, or just a group going for an afternoon walk or jog, we hope to shine light on the love of running. We also want to fill the need of being able to try on and locally purchase shoes and accessories important to one's fitness and well-being.

Not Just for Runners

While the name might suggest otherwise, we aren't just a store for runners! We offer shoes, insoles, apparel, and other accessories that are accessible to everyone — from seasoned athletes to first-timers and walkers. It's so important to ensure that what you stand in all day fits your body's needs. We offer orthopedic insoles, diabetic socks, and other accessories to help with ailments. Stop in to see how we can help!



Molly and Maddie Offstein may be on different fitness journeys right now, but they still share the same drive and love of coffee!

M&M's Motivation Corner

"I can't go on; I will go on..."

Sometimes in running (and in life), things don't always go how we hope they will and we can be left feeling a little unsatisfied with our own personal performances or progress made towards goals. In these moments, it can be helpful to focus outward on the success and support of those around us. Whether we are on teams or are thinking about our support networks (e.g., family, close friends, significant others), we can remember that it may not be our best time right now, but it is always the right time to soak up and celebrate the accomplishments and wins of those closest to us! Feeling connected to our teams, families, friends, and communities can help us cultivate our desires for greatness by making us feel like we are a part of something bigger!

Community >>>

Learn more about local running and walking groups & events.

*Running and walking is better with company. Whether you're an experienced athlete or looking to join friendly beginner runner groups to get into the sport, there's a spot for you! Running in groups provides camaraderie, motivation, and a chance to share tips and experience earned together. Seasonally we will offer group runs and walks which you can check on our website & facebook. **We will also link to and support area running groups, races, and events.** And we offer daily **10% Off** to our Local Runners, School Athletes, Healthcare Workers, Veterans, and Seniors.*

Queen City Striders: All Ages

<https://runsignup.com/Club/MD/Cumberland/QueenCityStriders>

Antelopes: This Group is for the local youth

interested in cross country/track. Learn more on their Facebook page or sign up at: <http://www.bullseyerunning.com/antelope-youth-running-club-allegany-county/>

Girls on the Run: Dependent on having

Coaches, girls practice at Route 40 and/or Beall Elementary schools. More info at <https://www.gotrmidmd.org/locations>

